

# *The Spirit of Catherine*

*Having experienced the love and mercy of God, Catherine's sense of gratitude called her to acts of mercy in the service of others.*

*Reflection:*

*Suscipe of Catherine McAuley*

*My God, I am yours for time and eternity*

*Lord, I am yours forever.*

*It's you that must teach me to trust in your Providence,*

*Loving Lord.*

*You are a God of love and tenderness.*

*I put my faith in you,*

*And I ask that you grant me acceptance of your will,*

*Loving, Lord.*

*Take from my heart all painful anxiety.*

*Let nothing sadden me but sin.*

*And let my delight be hoping to see your face,*

*God, my all.*

